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## WHO WE ARE

The New York State Conference of Local Mental Hygiene Directors (the Conference) is a statewide membership organization that represents the Directors of Community Services (DCS)/County Mental Health Commissioners for each of New York's 57 counties and New York City.

As the CEO of their Local Governmental Unit (LGU), DCSs/County Mental Health Commissioners have a statutory responsibility to oversee and manage the local mental hygiene system and develop, implement and plan for services and supports for adults and children with mental illness, substance use disorders, and developmental disabilities.

## **DIRECTORS OF COMMUNITY SERVICES: CONNECTING THE DOTS IN THE COMMUNITY**

People with serious mental illness, substance use disorder and/or developmental disability have multiple needs – behavioral, medical and social – which need to be coordinated across other systems in the county.

This cross-system coordination between and among multiple services is a primary role of the DCS/LGU. As such, DCS/LGU is embedded in the community and have linkages that extend across all local systems, including:

- Mental health, substance use disorder and developmental disability service providers
- Local Social Service (DSS) and Health Departments
- Housing and shelter services
- Criminal justice & Law Enforcement (jail/probation, prison/parole, police, Sheriff, family and criminal courts)
- Hospitals (Emergency Departments and CPEPs) and primary care providers
- Children's services (children's residential services, foster care, juvenile justice, and school districts)
- State-operated psychiatric centers (PCs) and addiction treatment centers (ATCs)

## The DCS/LGU uses these linkages to manage the local mental hygiene system including:

- Work in partnership with the Office of Mental Health (OMH), the Office of Alcoholism and Substance Abuse Services
   (OASAS) and the Office for People with Developmental Disabilities (OPWDD). While the three state disability agencies
   are separate at the state level, they intersect at the local level.
- Administer Adult & Children's SPOA (Single Point of Access) a program to prioritize and coordinate multiple services for individuals with behavioral health needs. Every County has an Adult and a Children's SPOA Coordinator.
- Manage and prioritize referrals to ACT (Assertive Community Treatment) a program with limited slots which provides
  intensive and comprehensive services to individuals with serious mental illness, delivered by a mobile, multidisciplinary
  treatment team. The County manages the front door, the waiting list and the back door for ACT slots to ensure individuals
  with the highest need for services are prioritized.
- <u>Administer Assisted Outpatient Treatment (AOT) program</u> which is court-ordered outpatient mental health treatment
  (also known as "Kendra's Law"). Every county has an AOT Coordinator and DCSs oversee the court process and the ongoing
  treatment plans.
- Work closely with County Sheriff and local law enforcement on ways to divert individuals from jail and into treatment when appropriate, and with Jail Administration to provide behavioral health clinical services in the jail and for discharge planning upon reentry.
- <u>Directly provide clinical services</u> or contract with community-based providers to facilitate access to clinic treatment.
   Currently, 36 counties operate outpatient mental health clinics and 15 counties operate substance use disorder clinics. In rural areas, the county clinic is often the <u>only</u> mental health or SUD clinic provider in the county and serves as the Safety Net provider.